

# NAAFA Newsletter

VOLUME IX

Issue #6

MAY-JUNE 1983

1982 CONVENTION  
 SEPTEMBER 3 - SEPTEMBER 6  
 UNIVERSITY HILTON INN  
 COLUMBUS, OHIO

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OUR HOSTS: THE OHIO CHAPTER OF NAAFA



Convention Chairman  
 Jerry Hoxworth



Co-Chairperson  
 Mary Jo Hoxworth



Francine Crider



Jeri Carmichael

## OHIO LEGISLATION UPDATE

While the Ohio Chapter was busily planning the 1982 Convention, they were also hard at work pushing for anti-discrimination legislation in their home state. Here's an update of their progress.

According to the Bountiful Buckeye Bulletin, the Ohio Chapter's publication, July/August 1983 issue,

"Senate Bill No. 130 has passed the Ohio Senate! Under the leadership of Senator Michael Schwarzwalder the Bill was put to a second vote, after having been defeated by a tie vote."..."This Bill, which bans discrimination because of height or weight will now go to the House of Representatives... after it passes the House Committee."

Ohio NAAFans are urged to write their local Representatives immediately. Other NAAFans might want to ask any friends or family from Ohio to write also.

The Ohio Chapter has incurred many expenses during this campaign...printing, postage, etc. While no formal requests for funds is being made, anyone wishing to contribute funds for the specific purpose of the legislation work, may do so by sending a check to the Ohio Chapter of NAAFA and marking it for the "Legislation Fund". [Mail it to P.O. Box 3024, Columbus, Ohio 43210 --Ed.]

[It's worth noting that similar legislation, when introduced in other states, will be more likely to pass if the Ohio legislation is successful. According to Senator Schwarzwalder, lawmakers rely heavily upon the examples set by other states when considering new and/or controversial statutes. Thus, the examples of Michigan and Ohio could encourage such legislation elsewhere. For this reason, we urge NAAFA members everywhere to support the work of the Ohio Chapter. --Ed.] ★

NAAFA'S 1983 CONVENTION  
 NEW YORK CITY  
 SEPTEMBER 2-5, 1983

COME TO NEW YORK

DON'T MISS OUT ON THE FUN AND EXCITEMENT OF DANCES AND POOL PARTIES, THE LEARNING AND SHARING OF WORKSHOPS AND RAPS, ALL THE WONDERFUL EXPERIENCES OF A NAAFA CONVENTION.



Jean Spradin, Calvin Spradlin, June Bailey, Donald Bailey, Karol Boyer



**convention  
 special!**

## MEMORIES OF THE CONVENTION

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Nancy Summer

When I left for the Columbus Convention, I had no idea that I would be the Newsletter Editor in charge of the Convention issue. That's why most of my memories of the Convention are personal in nature. Bear with me for a moment while I reminisce.

I remember Jerry Hoxworth's truck on the way from the airport, loaded to the rafters with 10 NAAFA's (and luggage!). We laughed hysterically and wondered if, once we arrived at the hotel and unloaded, all 4 tires would go flat simultaneously. LAUGHTER.

I remember Mary Jo Hoxworth on the first day of the Convention showing slight signs of panic while we attempted to estimate the number of guaranteed meals for the hotel chef. It was the only time I saw her any less than cool, calm, and collected during the entire weekend despite the hubbub. COMPETENCE.

I remember NOT bringing samples of fat pornography to my Sexuality Workshop ("Fat Pornography. Exploitation or It's About Time?!"), so as not to offend anyone...and discovering that between the 25 plus women in the group, they could lay their hands on every example within 10 minutes! SURPRISE.

I remember Del & Co. teaming up with David Whiteis for a special song on Saturday night and how "Elvira" was the most requested song of the Convention. MUSIC.

I remember Dr. Bennett and Senator Schwarzwaldler's speeches...and June Bailey's Keynote address combining to cover many facets of NAAFA's work: emotional support and acceptance, medical information and legislation. I developed a new respect for exercise from Dr. Bennett's words. LEARNING.

I remember walking down a long hallway and becoming aware that there were two men walking about ten yards behind me. I did my usual "inner-freeze" convinced that there were making jokes about me being fat, when I realized that I was at a NAAFA convention and that those men were members. If they were joking about me it wasn't about the size of my derriere. SAFETY.

I remember the room parties, the visits with old friends and the many new people I met. FRIENDSHIPS.

I remember watching Bill Fabrey tactfully convince two size 5 Cambridge Diet Counselors that setting up shop in the hotel lobby to save all us misguided fat people might not be a really good idea. They left. AUTHORITY.

But perhaps what I remember the best were the pool parties...the play... feeling like I haven't felt since I was a child. I remember so many people in the pool, all with arms around shoulders forming large circles of NAAFA's...for me, it was a giant hug...a hug that lasted for hours. It brought me to a new level of acceptance of myself.

I came home, sorry that it was all over so soon, but "recharged" for another year...until the next Convention, of course!

Everyone has their own set of memories...some better, some not as good as mine. They say that one picture is worth a thousand words. Whether that's true or not, I hope this Newsletter will evoke some of the memories for those who attended and spread some of the glow to those who did not. ★

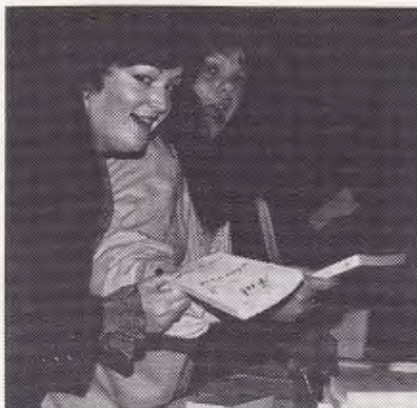
Managing Editor Nancy Summer and Chairman of the Board William J. Fabrey during "Meet the Board".



Jean Spradlin (OH) welcomes newcomers.



Bob Carlucci (NY) at the registration desk.



Norinne Gubar (NJ) & Elizabeth McCarthy (NJ) examine June Bailey's book.



Ira Cohen (NY) registers.

### NAAFA NEWSLETTER

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CONVENTION DIARY

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FRIDAY, SEPTEMBER 3

Registration officially opened at the Quarterdeck area. Not only was it a time for getting tickets and convention packets, but a good time for socializing...waiting for old friends and meeting new ones.

Friday was a day of publicity with the Publicity Committee arranging interviews and press coverage from 8 AM until late in the evening. A number of radio interviews were given and television and press coverage was scheduled for the weekend. The press in Columbus was, for the most part, interested and very accommodating.

By 8 PM, most of the conventioners had arrived and were ready to party! The hors d'oeuvres were served, the cash bar opened, and at 9 PM, Del & Company began to play a varied selection of music. It was a great evening for dancing and conversation.

SATURDAY, SEPTEMBER 4

The day began with an early wake-up for 9 AM rap session (separate men's and women's groups) on sexuality.

At 11 AM, the Buffet Brunch and Annual Meeting began. June Bailey, author of *Fat Is Where It's At*, was the keynote speaker. (Her speech is reproduced in the *Newsletter Supplement*.) Distinguished Achievement Awards were presented to Ohio State Senator Michael Schwarzwald and the authors of *The Dieter's Dilemma*, Dr. William Bennett and Joel Gurin. Both the Senator and Dr. Bennett accepted in person. (Their acceptance speeches are also included in the *Newsletter Supplement*.)

A question and answer session with members of NAAFA's Board of Directors followed. Board members, William J. Fabrey, Lisbeth Fisher, Nancy Summer and newly-sworn Paula Dachis were present. Wayne Gehres, an Ohio member, asked if NAAFA could give a Distinguished Achievement Award to actress Nell Carter. No sooner said than done. Bill Fabrey announced that an Award had been given to Ms. Carter, but we were still awaiting confirmation of her acceptance.

Workshops and raps continued through the afternoon and makeup demonstrations sponsored by Mary Kay Cosmetics were available.

The dinner dance began at 8 PM with a delicious Teriyaki Brochette of Beef dinner. At 9 PM the lights were dimmed and we danced to the music of Del and Co. once again. Chicago member David Whiteis entertained us with a blues song and a raffle was held at midnight.

After the dance, some chose to call it an evening while others continued the festivities at one of the informal room parties.

SUNDAY, SEPTEMBER 5

Sunday started with early morning workshops and at 11:30 AM an open discussion on NAAFA's stance on dieting was held. (This discussion group will be covered in depth in a future issue of the *Newsletter*.)

After luncheon, Chairman of the Board William J. Fabrey delivered his State of NAAFA Address, (which is included in the *Newsletter Supplement*.) And then on with the Fashion Show. (Further Fashion Show coverage elsewhere in this issue.)

Workshops and rap sessions continued in the afternoon.

When the evening news was aired, many of us were watching for reports of the Convention and Fashion Show. It was exciting to hear a very positive story about us, and to see some great footage of the models...including Jeri Carmichael in her bikini!



Paula & Neil Dachis (MD)



David Whiteis (IL) sings.

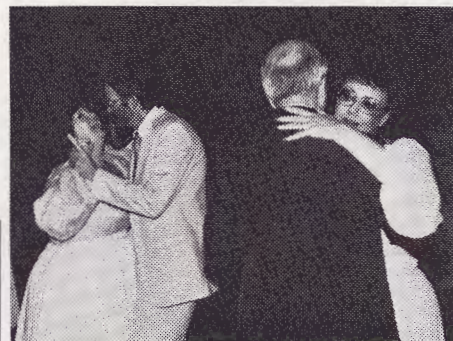


Lisbeth Fisher (NY) & Neil Osbourn (CT) on Saturday night



Louise Wolfe (CA) & Jim See (CA)

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 NAAFA  
 NIGHTLIFE  
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Bunny Peckham (NY) & Dr. Bennett (MA) (left) and Donald & June Bailey (OH) rt.



Ada Marro & Alan Davis (NY)



Jeri Carmichael (OH) and Fletcher Pence (VI) on the dancefloor



The Ohio "Conga Line" at Friday night's party



CONVENTION SCRAPBOOK

1. Dr. William Bennett (MA) and Cary Lutwin (NY)  
 2. Rae-Ann Scott (MI) and Gayle Olszewski (OH)  
 3. Sharlene Smilow (IL) 4. David Whiteis (IL)  
 and Louise Wolfe (CA) standing, Sherry Schroeder  
 (IL) seated 5. Paula Olszewski (PA) 6. Linda  
 Gaines (OH) and Robert Kochoian (MI) 7. Barbara

Donahue (NY) and George Mills (CA) 8. Linda  
 Ward (PA) 9. Jennie Mathey (OH) 10. Rebecca  
 Haas (IL) 11. Linda Blackmon (VA) 12. Peggy  
 Williams (MD) 13. Andrea Fuehrer (NY) 14.  
 Barbara Donahue (NY) and Robert Carlucci (NY)  
 15. Olaf Jorgensen (Barbados), Wilma Kuns (CA)  
 and David King (CA) 16. standing- Bob Carlucci,  
 Linda Ward, and Ira Cohen (NY), seated- Norinne  
 Gubar (NJ) and Elizabeth McCarthy 17. Fletcher  
 Pence (St. Croix) 18. Leland Lewis (NY)



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CONVENTION SCRAPBOOK CONT.

19. Robert Carlucci (NY) and Louise Wolfe (CA)  
20. Jim See (CA) and Bunny Peckham (NY)  
21. Wayne Gehres (OH) 22. Elizabeth McCarthy (NJ) and Joel Spivack (NY) 23. Sally Rapley (MI) 24. Marie Limmer (MD) 25. Jane Kettell (MA) 26. Jo-Anne Stettine (NY) and Douglas

Corwin (NY) 27. Ruby Greenwald (IL) 28. Ann Attwell (Canada) 29. Irene Mitchell (NY) 30. Linda Paige (NY) 31. Karen Jones (MI) 32. Barbara Novack (MD) 33. Anna Cannizzaro (NY), Ruby Greenwald (IL), Peggy Fox (VA) and Linda Ward (PA) 34. Kirk Stephens (OK) 35. Doug Corwin (NY), Neil Osbourn (CT), Jo-Ann Stettine (NY), Nancy Summer (NY) and Anna Cannizzaro (NY) on their way home.

## CONVENTION DIARY CONT.

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At 9 PM it was time to put on your bathing suit and head for the Pool Party and Cookout. The Cookout turned out to be a Cookin', but few cared. We were all in a rush to get into the beautiful Hilton pool. Whether you were in the mood for a quick dip, sitting at poolside or spending a few hours at play in the water, the party was a special treat. The bad news was that the party had to end...the good news was that there would be another pool party the next night!

On Sunday night, NAAFA hosted the room party...in one of the beautiful complementary king suites. Almost everyone managed to drop by, even just for a short visit.

### MONDAY, SEPTEMBER 6

The morning schedule included more workshops and a special meeting for chapter officers led by Bill Fabrey. Chapters shared ideas with each other and with some of the national leadership.

The Farewell Luncheon was served amid a final flurry of raffle ticket buying, because during dessert, the winners of the 1982 Raffle were selected. (A partial listing of winners appears elsewhere in this issue.) The members of the Ohio chapter presented Jerry and Mary Jo Hoxworth with a special gift for their hard work planning the Convention and National Service Awards (wood plaques donated by Fletcher Pence) were awarded to Jerry and Mary Jo and June Bailey for their outstanding contributions.

During the luncheon, Wayne Gehres ran in with a copy of the local paper. We were all pleased to hear that Nell Carter had announced her acceptance of NAAFA's Distinguished Achievement Award.



Jeri Carmichael (OH) left, and Donna Marie Ryan (IL) right, at the pool party

at a NAAFA room party...



For some, the afternoon was spend in a bonus rap session led by June Bailey, some caught a little relaxation or visited with friends, and others headed for home.

At 9 PM the second Pool Party began, complete with Pizza and beer. The crowd was a little thinner (no pun intended!), but the fun was just as great. When the hotel staff came to bid us good night, no one wanted to leave.

By Tuesday noon, almost everyone had left for home. The hotel was quiet. The maids were busily preparing for the next group. Jerry Hoxworth loaded up his truck with the last group departing for the airport. And it was all over...except for the memories. ★

## RAP SESSIONS AND WORKSHOPS

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Rap sessions were held on several topics. Jim See and Nancy Summer led separate men's and women's raps on Sexuality. Paula Dachis led a group on Assertiveness and the difference between being assertive and ill mannered. Bill Fabrey led us through a discussion of some of the many diet plans available and member's experiences with them.

Russell Williams presented the Activism workshop. "Inform yourself, prepare yourself, inform others, change society," Russell explained. First you must know your facts and then it helps if you have tools available (like copies of NAAFA or newspaper articles) to prove your points. Informing people around you can lead to changes in society.

Dealing with the Media was Fran Crider's workshop. She explained that each NAAFA chapter should appoint one media representative, the best person possible, for publicity and public speaking. People who represent NAAFA should practice speech and diction, study the facts about NAAFA and know their material, and be aware of grooming, clothing and appearance in general. It's important that we put our best foot forward.

Wilma Kuns, with the help of Paula Dachis and Joanne Callahan braved early morning scheduling to lead a workshop for some of the men that examined the possibilities of diminishing some of the negative aspects of social communication between the sexes. Focused on were relationships within NAAFA between large women and the so-called "fat admirers". Enough material was presented to warrant further discussion at a meeting of men and women. [Such a meeting is planned for the 1983 Convention -Ed.]

The Feelings workshop was led by June Bailey. In her own words, "We began by doing a bit of group therapy

where I "charged" the person by saying, 'You are fat because you are lazy,' for example. The person I am addressing comes back with an answer to this myth about fatness. Everybody caught on quickly, thank goodness! The most enlightening part comes when I leave the group and the conversation continues. I just do the stirring and the group keeps cooking." All sorts of feelings emerged in June's groups...love, anger, and tears. "The tears were good tears; the kind that express our feelings and make us feel better about who we are."

June also led an exercise group. Dressed in her new exercise togs, she taught us isometric (stretching) exercises. Most of the workout can be done sitting or standing and is designed to increase circulation.. The exercises can be done more strenuously by people desiring a more active workout.

Mary Kay beauty consultants, Sherry Swirynsky and Bonnie Skolfield, were on hand for free facials and make-up and Clare Skinner also assisted, especially with the models prior to the fashion show. ★

Reported by: June Bailey, Wilma Kuns, Nancy Summer, Bill Fabrey



Russell Williams (MD) on Activism



June Bailey (standing) leads workshop. Left to right- Peggy Williams, Linda Paige, Doug Corwin and Louise Wolfe.



**SPOTLIGHT ON THE HOXWORTHS**

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No convention can be run by just one or two people, but behind every successful convention are the prime movers, the people who see the convention through from an idea to a reality to a memory. Jerry and Mary Jo Hoxworth did just that for the 1982 Columbus Convention.

Jerry, a rural mail carrier, and Mary Jo, a food director for the Head Start program, have been married for 15 years and NAAFA members for 8 years. Perhaps the fact that they have attended every convention since 1977 may have sparked their interest in bringing the convention home to Ohio in 1982.

Jerry credits some of the Convention's success to the expert cooperation from the hotel staff and convention volunteers in the national headquarters. But a large piece of the credit goes to Jerry and Mary Jo themselves for their hard work and consideration of every detail.

The Convention was a year in planning and every step of the way they gave 110% to the job. They didn't mail their proposal to the Board of Directors in New York... they delivered it in person. When tipped about a possible guest speaker, June Bailey, they visited her and not only convinced her to speak (and do many other things as well) but they recruited her for NAAFA membership. Why they even tried out all the pizza places near the hotel to find just the right pizza for Monday's party!

Jerry and Mary Jo have continued to serve as the Chairpersons of NAAFA's Conventions Committee, a committee that oversees the selection and running of future conventions. ★

**SPECIAL THANKS...**

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...TO ALL OUR WONDERFUL HOSTS AND HOSTESSES OF THE OHIO CHAPTER OF NAAFA!

...to Fran Crider...to Jeri Carmichael...to Jean and Calvin Spradlin...to Karol Boyer...to June Bailey...and especially Jerry and Mary Jo Hoxworth. Thank you from all of us who enjoyed a very special weekend. ★

**NAAFA FORWARDING SERVICE**

Often readers of this Newsletter wish to write to NAAFA members who are featured in photos or articles. However, NAAFA's mailing list is strictly confidential. Fortunately, NAAFA's office is able to forward such mail. A \$5 fee is charged for each personal letter that is forwarded. The \$5 fee covers office expenses and includes a tax-deductible donation of \$3 to assist NAAFA in its general purposes.

Members who wish to have personal letters forwarded should seal their letters in an envelope that has the addressee's name and proper postage affixed to it. Enclose this envelope in a mailing envelope and mail to NAAFA, PO Box 43, Bellerose, New York 11426 along with the proper fee.

Non-confidential mail to committees is, of course, forwarded free of charge. This mail should not be sealed in an inner envelope.

**THE RAFFLE**

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The 1982 Raffle was successful, raising over \$1500 for NAAFA. Many people contributed to the success...but first the winners should be announced.

Member Helen Gabler of Sacramento, California was the grand prize winner and received one ounce of gold, (a Canadian Maple Leaf coin). First prize, a \$200 gift certificate to the Lane Bryant retail stores, was won by non-member D.J. Pepper of Dallas, Texas. That ticket was sold by Ann Burleson.

The Chicago Chapter won the \$25 award for selling the most tickets (most of them to Jerry Mullins of Texas who purchased over 250 tickets from the chapter) and Sherry Kessler of Mich. won for the sale of the most tickets by an individual. Helen Gabler was the seller of her grand prize winning ticket so she also won the \$25 award for its sale.

Many thanks are owed to all the members who supported the raffle by selling or purchasing tickets.

Special thanks to prize contributors...to Lane Bryant for the \$200 gift certificate...to Lisbeth Fisher for the beautiful hand-hooked rug...to Karol Boyer for the crocheted afghan...to Fran Crider for the bead artwork...to the Long Island Chapter for 3 ounces of silver...to the Chicago Chapter for a subscription to the Plumpling Press...to June Bailey for copies of her book, Fat Is Where It's At, and subscriptions to her newsletter...to Bunny Peckham and Sterling Optical for sunglasses...to Lenard Brechner of Dan Brechner & Co. for stuffed animals...to Mary Jo Hoxworth for a chocolate bear..and to Jean Du Bose and "Just Imagine" for a caftan. ★



Jennie Mathey wins the quilt made by Karol Boyer.



The winning Chicago chapter. Left to right: Donna Ryan, Sharlene Smilow, Roberta Katz and Marcia Koslo (IL)



Sherry Kessler (MI) sold the most tickets by an individual.



Jerry Mullins (TX) won several prizes.

**ads**

THE ADVERTISING SUPPLEMENT WILL BE MAILED WITH THE NEXT REGULAR NEWSLETTER...WITHIN THE NEXT FEW WEEKS.

**7** NEXT ISSUE! ACTIVISM, HEALTH, ADVICE, HUMOR, ADVERTISING, ALL THE NEWS...WATCH FOR IT.



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### THE FASHION SHOW \*\*\*\*\*

The Fashion Show was smashing! Arranged and directed by June Bailey, the show featured our very own models in gorgeous fashions. Jan Taylor narrated.

Most of the fashions were custom designs by Jan Taylor of Queens Corner in Columbus and Jean Du Bose of Just Imagine of Cincinnati. Garments were also provided by Women's World and Lane Bryant. Men's suits were from Sears.

The models, Joanne Callahan, Jeri Carmichael, Fran Crider, Paula Dachis, Pam Davis, Jean Du Bose, Dave Kargle, Pauline Olszewski, Clare Skinner, Raeann Scott and June Bailey were poised, confident and quite professional.

June Bailey reported, "We had our own little rap session going before the show and we helped each other with modeling tips. A show of this scope requires a great deal of planning that we were unable to do because the fashions were coming from all over the country. We had to do a lot of ad-libbing, and there was extra pressure from the television crew being present, but everything ran smoothly because of the efforts of the models."

Many thanks to all involved in the fashion show for making it a highlight of the Convention. ★



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**THE MODELS  
\*\*\*\*\***  
1. June Bailey 2. The final bows 3. Rae-Ann Scott, Fran Crider, and Jeri Carmichael 4. Fran Crider 5. Doug Corwin gives Joann Callahan a hand. 6. Jeri Carmichael 7. June Bailey helps Fran backstage 8. Paula and Neil Dachis 9. Joann Callahan 10. Paula Olszewski 11. Jean DuBose 12. Custom designers Jan Taylor and Jean DuBose



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