

NAAFA NEWSLETTER

NATIONAL ASSOCIATION TO AID FAT AMERICANS, INC.

P.O. BOX 43 • BELLEROSE, NEW YORK 11426

212 776-8120

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Editor: Rosalie I. Radcliffe

COUPLE WINS BATTLE OVER POSTERS

Two of NAAFA's own recently won a personal battle and struck a successful blow for size discrimination. Russell and Peggy Williams, Co-Chairpersons for the Cumberland Valley Chapter, convinced a Valley Mall (Hagerstown, MD) chain store specializing in gag gifts and posters to stop ridiculing overweight people by putting posters of fat women on display in the entrance to the store.

One of the posters exhibited was the "Minus 10" placard shown here. After the Williamses made their initial complaint to the store, a second poster was added. It depicted a fat woman and a thin woman, with arrows drawn to different points on their bodies describing acceptable and unacceptable beauty. This irritated Peggy and Russell even more. "We're not questioning the store's right to sell any poster," stated Russell in an interview with Peggy Costion of THE DAILY MAIL. "But we do object to them displaying several posters of fat women prominently at the front of the store, where anyone passing by is embarrassed or offended."



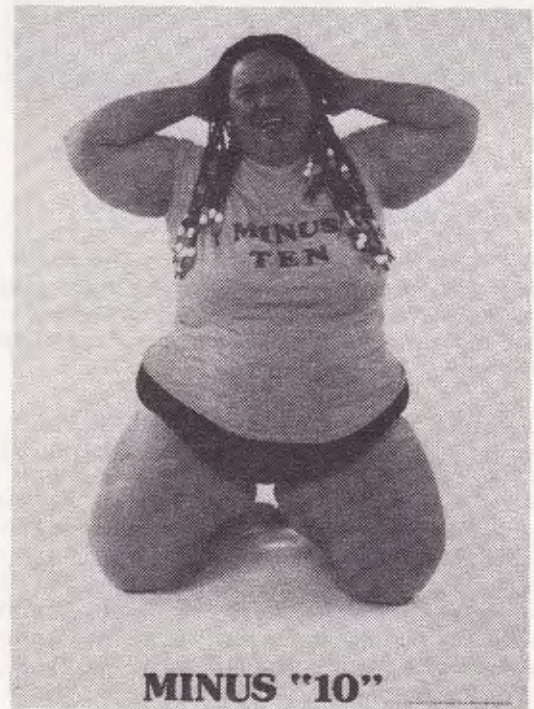
THE WILLIAMSES

books like Little Black Sambo.

During their campaign the Williamses sought and received support from the local chapter of the NAACP. Representatives there agreed that if the store had put up posters ridiculing people because they were black, the NAACP would have complained also. Many Black Pride groups did just that in the 1960's in protesting the depiction of the black image through

After several weeks of negotiations between Russell, Peggy, the store manager and finally the field operations manager, the manager of the local store received

directions to take down the offensive posters. In following weeks the store also began selling Miss Piggy posters, a Bo Derek poster and NAAFA's "Fat Can Be Beautiful" bumper stickers. The Williamses feel their real victory came, however, when after the skirmish the store manager admitted she "just didn't realise the posters offended anyone."



"MINUS 10" POSTER

"That's what I want to do," said Russell, "make people aware that they have been hurting friends and family members for years, who silently suffered humiliating ridicule and psychological harm because of their weight."

A flier explaining where to write in order to protest these exploitative posters will be mailed to all NAAFA members.



President's Message

BILL FABREY

WHAT, ANOTHER CONVENTION?

Yes, it's hard to believe, but that time of year has rolled around again...Convention time! By the time you read this, you will already be at the 1980 Convention in Chicago, or you will have decided not to attend this year, for whatever reason. Perhaps I will be meeting you this year, but if not, perhaps a convention some other year will find you enjoying its events. If you have never attended a NAAFA convention, the loss is yours, in my opinion. Our conventions are the largest group meeting in the world that encourages fat people to feel good about themselves.

FEELING GOOD ABOUT YOURSELF

Why feel good about yourself if you're fat? After all, aren't there plenty of people who would be happy to deprive you of any feelings of self-worth, at least until you lose weight? Can so many people be wrong? You'd better believe they can.

A carnation is no less pretty than a rose; it just has a different kind of beauty. Beauty is in the eye of the beholder. Just because for a few decades in the 20th century, thin happens to be popular, especially in women, that should not mean that thinness will always and forever be the only acceptable body style. It does not mean that a Vogue magazine "reject" should give up looking and feeling good!

If you can't understand why anyone would find you attractive, consider the cultures in which fat women are worshipped and fat men command awe and respect. Do you think that because Western civilization has produced the steam engine, the automobile, and nuclear weapons, it has a monopoly on "correct" concepts of beauty? No--you are beautiful or handsome in your own distinctive way, and nobody can take that away from you.

Even if you would prefer to be thin, you should at least try to accept the simple fact that there are people who really admire you the way you are. And for the

most rewarding friendships, of course, it should matter more what kind of person you are than what your packaging looks like!

FAT FEMINISTS

Many NAAFAns already know that feminists (people who are active in or in sympathy with, the women's movement) who also happen to be fat have often been the objects of scorn and rejection from the very same movement that has preached the merits of equal rights for all.

Fortunately, fat feminists have gradually, over the last 10 years, been winning greater acceptance from the feminist community at large. Fat feminist issues are being included more frequently among the topics discussed at women's centers, consciousness-raising sessions, and so forth. Such organizations as the Fat Underground, the Fat Liberation Front, and others of varying degrees of militancy have played an important role in increasing the acceptance of fat feminism as a legitimate issue.

NAAFA has had no direct involvement with fat feminism, per se, except that some NAAFA members have also been active in other organizations. Many active NAAFAns regard themselves as feminists as well, and see no conflicts between NAAFA's purposes and those of the women's movement. In fact, there are none. It is, however, possible to be a NAAFA member, and subscribe to our purposes, and still be out of sympathy with some of the goals of the women's movement. I am not such a member, yet I defend the right of any NAAFA member to take any position with regard to women's rights (the ERA issue, for example) as long as s/he subscribes to NAAFA's purposes as listed in our Constitution.

Now, elsewhere in this issue, The First FAT LIBERATOR is reviewed; the publication is now available, after many delays. One fat feminist, NAAFAn Vivian Mayer, deserves a lot of credit in pushing for the distribution of the writings in the FAT LIBERATOR. She first proposed that we make FLF literature available to our members in May of 1978. Approval of our Board of Directors to publish and carry the material for sale to members did not come easily at first, and other matters caused the whole procedure to take more than two years.

Any fat woman who overlooks the FAT LIBERATOR is missing out on an added dimension, a perspective to her problems that she will probably get nowhere else. Whether or not she agrees with the fat feminist point of view, she will find it extremely provocative. Any student of women's problems, including men, will benefit from reading the FAT LIBERATOR.

(continued on Page 5)

ELECTION RESULTS

The 1980 Election Committee, consisting of William Fabrey, Chairperson; Lisbeth Fisher, Sheila Goodman, Ernest Harff, Joyce Maloney, Dianne Rubinstein, and Ken Wachtel, met on June 20 to count the ballots that had been received.

The results were as follows: Matthew Madigan, 249 votes; Florane Sclar, 202; Davea Wallis, 169; and Evie Cohen, 83. Since two Board seats were being vacated, the first two on the list (those receiving the highest number of votes) normally would have served 3-year terms on the Board of Directors.

Mr. Madigan, however, submitted his resignation from the Board, thus throwing victory in the election to the candidates receiving the second and third highest number of votes. The 3-year terms of office will be filled by Ms. Sclar and Ms. Wallis.

Florane Sclar rejoins the Board after an absence of several years. Davea Wallis will continue her service on the Board, having filled a vacant seat by appointment since early Spring of 1980.

ATTENDANCE AT BOARD MEETINGS

Any NAAFA member in good standing is welcome to attend meetings of the Board of Directors. The next scheduled meeting will be on September 26. If you are interested in attending, call 212/776-8120 to confirm the date, time, and place.

"NAAFA 'XTRA" MAKES A HIT

We have received lots of positive feedback concerning our newest publication: NAAFA 'XTRA. Typical of letters we've received is that from Pat Baker (Ohio).

"I just want to tell you what a great idea the "NAAFA 'XTRA" is! That will really help keep me current on what's happening. For instance, I did not know about the Andres' study on longevity and weight until I saw the 'XTRA. Those study results should be very helpful against the old 'health' ploy with regard to fat, when the issue usually is really esthetic prejudice. Thanks a lot!"

Due to editorial delays, this issue is not being mailed until late August.

SOCIAL NEWS

CHERYL AND STEPHEN KELLER

ANOTHER NAAFA WEDDING

Cheryl Lee Barnum and Stephen Allen Keller were married on March 29, 1980, at the Chatsworth (Cal.) United Methodist Church.

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A NEW NAAFA BABY

Arlene Ruth (11 lbs., 10½ oz.) was born to Mary Jane and John Miller on February 20, 1980. The Millers met through NAAFA and are members of the San Francisco Bay Area Chapter.

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IN MEMORIAM

Sincerest condolences to:

Board member and Greater New York Chapter Co-Chairperson, Dianne Rubinstein, on the death of her mother on April 26, 1980.

Board member Ken Wachtel, on the death of his father.

Jack Ferrell, on the death of his father.

Elizabeth G. Olsen, on the death of her husband, Norman, who was also a member.

DO YOU KNOW WHAT IT'S LIKE TO BE FAT?

by Cheryl Barnum Keller

Do you know what it's like:

- to walk down the street every day and have someone tell you how fat you are?
- to shop in the grocery store and have people watch to see what you put in your cart?
- to have people stare at you if you eat anything at all? (after all, fat people shouldn't eat)
- to walk into a restaurant and wonder if you'll fit into the booths or chairs?
- to squeeze yourself into a theatre seat and sit in agony during the entire show because the sides of the seats dig into your thighs and hips, and sometimes leave you bruised?
- to sit next to someone on a crowded bus only to have them get up and move to another seat--after they make sure you hear their opinion of fat people?
- to have to ask for a seatbelt extension on a plane and have them slip it to you when no one is looking--so they won't be embarrassed?
- to pay \$3,000 for a weight camp and come out 10 pounds heavier than when you went in?
- to be denied entrance to a college or university unless you agree to lose X number of pounds by the end of a given term or lose all your college credit?
- to be denied career opportunities because you don't look good enough to represent the company?
- to spend months trying to secure a menial job when you have a high IQ, a college education, and are knowledgeable and skilled in many areas?
- to be the object of ridicule in advertisements, TV shows and movies?
- to be denied insurance because you do not fit into the height and weight charts (or pay a higher premium--even if you don't smoke or drink and have always been in good health)?
- to be treated as if you were mentally ill because you are fat?
- to be told you're not a faithful Christian and God is not pleased with you because you are fat?

--to hear that someone wants to date you or would like you if you would only lose weight?

--to feel guilty about loving someone or wanting to be loved?

--to love someone so much that you turn that love away because you don't want him or her to ever have to face embarrassment because you are fat?

Do you know what it's like to have all this pain multiplied by 100 times because you are a teenager?

Do you know what it's like to have your heart ache so bad you think it will break in two?

Do you really know what it's like to be fat?

FAT PEOPLE ARE SPEAKING UP

Fat people are standing up and fighting back instead of passively accepting ridicule and offensive remarks. A few situations we know about involving NAAFA members show that put-downs can be used just as effectively by the victim as by the attacker.

At a family gathering, an obnoxious uncle asked Board member, Joyce Maloney, if she had seen the movie, Fatso. Joyce promptly inquired, "Have you seen the movie, The Jerk?"

Another member, while eating in a luncheonette one noon, was approached by a svelte woman who was a total stranger and asked if she had considered dieting. She responded: "No, I might end up looking like you!"

Public Relations Consultant, Marvin Grosswirth, when asked once by a little boy why he was so fat, answered: "Because I like to eat rude little boys."

Non-member Si Costa knows how difficult it often is to express resentment against offensive behavior and suggests carrying small cards to hand anybody who steps over the line. His proposed sample reads: "THANK YOU--for calling attention to my avoirdupois. I cannot, however, grow thin--anymore than a shortie can grow tall. Doctors have no cure for obesity. Furthermore, it is considered common courtesy not to remark on a physical non-conformity--be it an overly long schnozz, crossed eyes, a bald pate, jug ears or excess poundage. If you cannot tolerate fat people, I suggest you associate only with skinny individuals and keep the hell away from me. (Signed) NAAFA Member"

FAT DOES HAVE ADVANTAGES

At a time when the advertising industry, the medical profession, and "well-meaning" individuals are bombarding the fat of our land with their "thin is best" messages, a significant few are saying "fat can be better." The following examples were gleaned by NAAFA members from newspaper articles and a radio news program.

Dr. Anthony Harris, a British biochemist, studied 5,000 people over ten years. The study revealed that fat men and women are more attracted to each other, they make happier married couples and their divorce rate is lower than those of average build. The study also revealed that thin men and fat women are very attracted to each other, usually have stable, happy marriages and seldom divorce. "I was absolutely astonished. . .," said Dr. Harris, "but thin men and fat women seem to be selecting each other like mad." (NATIONAL ENQUIRER, 12/4/79)

Generally, more thin people than fat get colds. The apparent reason is that fat people don't chill as easily; they are better insulated by their fat. Because of this, their resistance is higher than thin persons', and so they are more capable of warding off cold infections. (READING [PA] EAGLE, 4/1/79)

Dr. Fred Mattson who led a research team studying obese men at the University of California at San Diego claims fat people are more efficient than their thin co-workers. Fat employees expend less energy by sitting for long periods of time and working almost continuously. Thin people tend to be less productive, less committed, and break away from their tasks at the least provocation. They walk around and expend considerable energy avoiding their work. (Jim Aylward on WRFM, NY, 2/21/80)

After examining the bones of more than 1,000 people, Dr. James S. Arnold of the Veterans Administration Hospital in Hines, Ill., found that stocky, overweight individuals have larger diameter bones relative to their heights than tall, thin, people. Fat persons also lose less bone tissue as they grow older. Consequently, osteoporosis, which is commonly associated with aging, is less prevalent among heavy individuals than those of normal weight. Soft and brittle bones characterized by this disease carries a high risk of bone fracture in older persons. (NEWSDAY [Long Island, NY] MAGAZINE, 6/26/78)

Dr. George Cahill, M.D., of Harvard Medical School affirms that man's survival has depended at various times on his ability to be fat. He notes that Polynesians who stored fat for prolonged voyages across the Pacific "had to be obese to make it." (THE DAILY REPORT, 2/2/79)

PLEASE NOTE!

NAAFA will forward personal letters from any member to another member for a tax-deductible donation of \$5 per letter. Simply write the person's name on the envelope, apply the proper postage, and mail to NAAFA in another envelope together with your donation. Since NAAFA's mailing list is held strictly confidential, the only way to contact a member you might see or read about in the Newsletter or elsewhere is via this method.

(PRES. MESSAGE continued from Page 2)

THE SINGLES SCENE--NAAFA STYLE

I've had many requests to repeat my message on the singles scene--the one that appeared last year in the May-June, 1979, Newsletter. I would encourage anyone who is interested to order back issues of our Newsletter. We stock all of them, and some old editions are every bit as timely as are our mailings today.

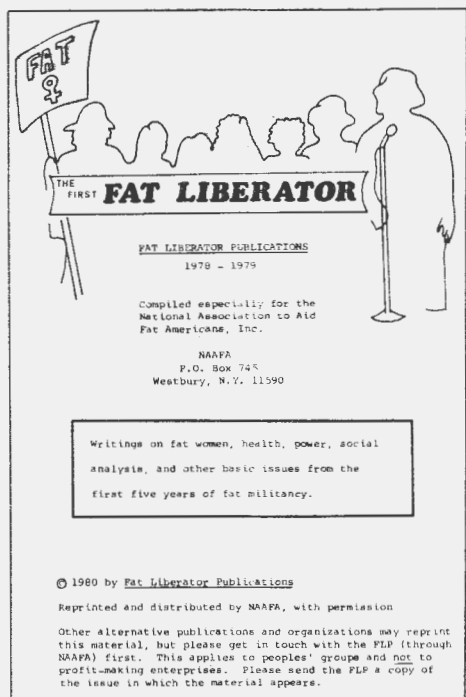
However, I will conclude with the closing remarks from that column about singles:

"Men: If you regard a woman only as a sex object, and cannot treat her with respect, do us all a favor and don't bother to renew when your membership expires.

Women: Please don't lower your standards because you are fat. Good men may be hard to find, if that is what you are looking for, but they do exist. They may or may not be NAAFA members, and they are definitely not all this organization has to offer you. Keep your standards high and refuse to be exploited. A woman's self-esteem should not be based on her 'market value' on the singles scene..."

Of course, after I wrote those words last year, I received comments from some men that women are not totally innocent of insincerity and exploitive attitudes (which is true, naturally); and from some women who said that they now enjoy being regarded as sex objects for a change (all right, I yield on the point!)

However, I still insist (and feel that many agree with me) that in a man's world, men tend to be the exploiters and women tend to be their victims. All I am saying is--it's a shame, please try to avoid being either a victim or an exploiter, and be aware of the fact that NAAFA is no better or worse in its social arena than the singles world out there except that in NAAFA, being fat is a social asset instead of a liability...



THE FIRST FAT LIBERATOR

Fat Liberator Publications has compiled a group of writings especially for distribution by NAAFA. This 90-page anthology contains writings on "fat women, health, power, social analysis and other basic issues from the first five years of fat militancy." It is not necessary, however, to be active in the fat liberation movement or profess their credo in order to benefit from this publication.

The seven-part LIBERATOR's outstanding feature is the attention given to health (the assumed problem of fat people) and dieting (the traditional solution to the problem). Drawing upon medical research Vivian Mayer logically explodes numerous myths concerning obesity which medical practitioners perpetuate, the diet industry exploit, and the general public, including many fat people, affirm and uphold. In spite of contradictory evidence and experience, most people believe that fat people: lack will power; are fat because they eat more than thin people; overeat because of personality problems; are unhealthy because they are fat; can enjoy or at least tolerate weight loss; can maintain a slim figure after dieting by eating as carefully as other thin people.

Experience continually proves that only 1-2% of dieting programs succeed. "Figures released by diet clubs such as Weight Watchers, . . . indicate a similar permanent success rate: one percent or less." Repeated attempts at dieting frequently create physical and mental stress that do indeed make fat people unhealthy. "An estimated 27,000 people died in a recent year directly from dieting [and] countless others die from related effects." Ms. Mayer

contends that, instead of weight, it is "doctors [who] make fat people sick and psychiatrists [who] make fat people crazy. Fat people die of the social disease of oppression, not the medical 'disease' called obesity. [Those] who don't diet and don't hate themselves are as healthy as anyone else."

Another section of the LIBERATOR contains a series of short articles under the heading, "An Introduction to Fat Militancy". Members of the Fat Underground Collective (Santa Monica, CA) share their Fat Liberation Manifesto plus ideas and feelings on fat-related subjects. On hunger: "Poor people who starve because they lack money to buy food, when food is available, are the victims of economic injustice. Fat people who starve because it is the only way they can become socially acceptable are victims of social injustice." On assertiveness: "Stereotyping . . . is rapidly disappearing due to lack of targets. Blacks and women are pretty uppity nowadays, and even children have a bill of rights, so the nation turns in despair to its last hope: fat people. Tough luck, America. Fat people have gotten uppity too." Being fat in America is not funny, either. "We do not consider our bodies funny. We do not walk any funnier than most people. . . . We [do not] consider it amusing in the slightest that we cannot walk down a street or through a store without being jeered at openly. Don't bother to tell us the latest joke about the fat lady--not only will we not laugh, we will be offended. . . ."

Also included is a small collection of poems by Sharon Bas Hannah entitled, "Fat Woman/Renaissance". These express the emotions of pain and joy, freedom and oppression experienced by fat women throughout history. Some leave me questioning what she is trying to say, but I am left with no doubt that the author is a fat woman herself because she has portrayed our plight so well.

The last segment of the publication is the account of a fat-women's problem-solving group in Los Angeles. Members have candidly shared their experiences from several months of struggling, individually and as a group, with the problems of being fat women. The difficulties and dilemmas, remedies and solutions are distinctive of their particular situation. Many of the answers and insights which emerged from this effort, however, can enlighten and bolster the lives of other fat people as well. In her summary of the group endeavor one participant's reactions could easily be a member's endorsement of NAAFA, also: ". . . the group provided the expected safety, but more than that encouraged pride through identification. These new feelings of self-worth became a source of power. There existed a certain prestige to being an articulate fat woman."

THE FIRST FAT LIBERATOR is a valuable resource offering beneficial and important information. One flaw is that the articles were written by different people over a few years' span. This has led to duplication of material and citations which make reading it in one sitting a bit tedious. Readers should recognize, also, that the articles emerged from a militant group and the writers' personal convictions concerning social politics and radical feminism are a steady refrain throughout the collection. None of these qualities diminish--and for some may enhance--the wealth of knowledge, understanding and enlightenment that these pages provide. NAAFA is grateful to Fat Liberator Publications for permission to reprint and distribute the compilation to our members.

To purchase your copy, send \$6.00 plus \$.75 postage and handling to NAAFA, P.O. 43, Bellerose, NY 11426.

--RIR

WEBSTER'S DICTIONARY (NAAFA EDITION)

by Karl Niedershuh

Adipose (adj.): The most sensuous of tissues, as illustrated by the old proverb: "Beauty is only deep skin."

Bariatrics (n.): (from the Greek baros, meaning 'weight'): A made-up word in- correctly describing an imaginary science.

Behavior Modification (n.): The creation of an artificial neurosis. A sophisticated modern survival of the art of imitative magic.

Bypass (v.): To avoid. Often used to describe certain experimental abdominal operations. These fall into two categories: the bad and the worse. They are used to make healthy fat people sick, so that they will no longer defy their doctors' orders to become so.

Cellulite (n.): Chic fat.

Diet (v.): To perform an unnatural act with cottage cheese. The eminent linguist Art Buchwald derives this word from the verb 'to die', and I see no reason to quarrel with his judgement.

Diet (n.): A modern prescription for curing all ills, medical and social, through the removal of fat. A welcome technological successor to bleeding, by which our poor, ignorant ancestors thought to cure all ills by the removal of excess blood.

Dine (v.): To engage in an ancient and venerated art. Unfortunately, no one

remembers how to do it.

F.A. (n.): A person who, although otherwise imperfect, has been blessed with impeccable taste in the opposite sex. A connoisseur of corpulence; a jiggle junkie.

Fast (n.): An indulgence in self-imposed famine, often imposed as a penance on the socially disfavored. So named because of the speed with which it terminates life.

Fat (n.): A component of the body utilized for purposes of insulation, padding, energy conservation, flotation, and sexual attraction.

Fat (adj.): Obese, corpulent, overweight, chubby, chunky, plump, big-boned, round, roly-poly, pudgy, portly, hefty, hippy, tubby, stout, fleshy, flabby, or pin-guid. Describing one who is well-insulated, well-padded, well-adapted to conserve energy, floats well, and is overwhelmingly sexy.

Fat Liberation (n.): A state of being attained when the scales have fallen from your eyes.

Heavy (adj.): A colloquial expression of admiration.

Obese (adj.): Of exceptionally great body size. Having an exceptionally great body.

Overeating (v.): Having the poor taste to continue eating after a behavioral scientist is no longer hungry.

Overweight (adj.): Of greater than acceptable mass. Properly applied only to airplane luggage.

Reduce (v.): To diminish, demean, or debase.

Saccharine (adj.): Sickeningly sweet.

Slender (adj.): Little or no chance of fulfillment, as "a slender hope".

Weight Watching (v.): An artful bit of misdirection, intended to divert the victim's eye from his wallet.

GET WELL GREETINGS

All good wishes to Barbara Herten who was in a severe automobile accident.

HELP YOURSELF--HELP SOMEONE ELSE--
HELP NAAFA--GIVE A GIFT MEMBERSHIP!

PERSONAL ADS

Warm, gentle, friendly lady, late 30's, attractive and large, seeks friendship with pleasant, warm man from New York, New Jersey area. Reply to Dept. 119, NAAFA, P.O. Box 43, Bellerose, NY 11426.

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Short, fat, Jewish schoolteacher, female, 27, seeks communication with a sensitive, single gentleman, 28-33, in New York area. Interest in music and comedy helpful, total sanity not required. Reply to Dept. 120, NAAFA, P.O. Box 43, Bellerose, NY 11426.

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Attractive NY male 46, 6'2" would enjoy hearing from a very busty, warm, affectionate female. Enjoy theatre, movies. Reply to Dept. 121, NAAFA, P.O. Box 43, Bellerose, NY 11426.

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Attractive, sensitive and very affectionate woman, mid-40's, looks mid-30's, weighing 240, 5'5", would like to meet mature, intelligent man between 35 and 50, over 5'8", from Philadelphia and surrounding areas for warm relationship. Photo furnished upon request. Reply to P.O. Box 5883, Philadelphia, PA 19128.

--

29, 6', 160# teacher from Germany would like to get in contact with an intelligent, self-conscious, fat young girl who likes laughing, talking, travelling and tenderness like me. Please write to me, perhaps we'll meet. Rainer Siefert, Vosstr. 19, 2427 Malente, West Germany.

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Big bi-sexual male, 27, wants to meet big men and women in Southern California. Very discreet! (213) 662-2757 before 12 noon.

REMEMBER NAAFA WHEN YOU MOVE!
Unless you or the post office inform us of your new address, you may lose the balance of your membership privileges. The post office is supposed to forward mail for a year after you move. But play it safe -- send us your new address.

COMMERCIAL ADS

WANTED: Recording Secretary for NAAFA's Board of Directors; meetings usually held monthly in NYC area on Friday nights. After trial period, volunteer may become an Officer of NAAFA. Must be able to take accurate minutes and type them for use at next meeting. Shorthand not required. Inquire: NAAFA, Box 43, Bellerose, NY, 11426. (212) 776-8120.

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Volunteer, experienced grant research writer desperately needed to help NAAFA obtain funding. Reply to P.O. Box 43, Bellerose, NY 11426.

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WANTED: Auditor for NAAFA's treasury. Volunteer would serve as Chairperson of Auditing Committee, produce an annual audit of NAAFA's financial affairs, and be available for consultation in writing state and federal tax returns, and other accounting questions that arise occasionally. Estimate 15-30 hours/year. CPA preferred but not required. Work is in New York City area.

PRODUCTS AND SERVICES MENTIONED IN THE NAAFA NEWSLETTER APPEAR FOR PURPOSES OF INFORMATION ONLY. STATEMENTS MADE BY ADVERTISERS DO NOT NECESSARILY REFLECT OR AGREE WITH OFFICIAL NAAFA POLICY OR PURPOSES. NOR DOES NAAFA ENDORSE ANY PRODUCT OR SERVICE.

CLASSIFIED AD RATES

Commercial Ads: 50 cents/word, 10-word minimum. Department number available at \$10/issue. (Contact NAAFA for display rates.)

Non-Commercial Ads: 25 cents/word, 10-word minimum. Department number available at \$5/issue.

Non-members must pay commercial rates for personal ads.

All ads are accepted for publication provided they are not against NAAFA's purpose. They may include personals, wanted to sell or buy, employment notices, meeting announcements, and many other items.

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