

# **FATSHION AS ACTION:**

**HAVING FUN WITH CLOTHES  
WHILE CHANGING THE WORLD!**

PRESENTED BY TIGRESS OSBORN  
WITH SPECIAL GUESTS SAUCYE WEST & BERTHA PEARL

# WHAT'RE WE GONNA DO TODAY?

- Get to know Tigress
- Cover some fat fashion terminology
- Talk about fat visibility and fat fashion as activism
- Name drop some fat faves
- Hear some insights from our guest stars
- Q & A



# **FATSHION AS ACTION**

**HERE'S TIGRESS**

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**WHO IS TIGRESS?**

**AND WHAT DOES SHE KNOW ABOUT FASHION?**

**EVENT PRODUCER, ACTIVIST, MODEL,  
PERFORMER, SALES ASSOCIATE,  
AND COSTUME AFFICIONADO**



AS I FILL YOU IN ON MY BIO, I WANT TO  
SHOW YOU THE FOLLOWING FASHION PICS  
SO YOU HAVE A SENSE OF HOW I STYLE  
MYSELF.

FOLLOW ME ON INSTAGRAM  
[@IOFTHETIGRESS](#) FOR MORE PICS.







































 **D & K Photography.com**



#iofthetigress





#IOFTHETIGRESS



# **FATSHION AS ACTION**

**VOCAB & VISIBILITY**

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# WHAT SIZE IS PLUS SIZE?

1. A size 8 can be considered plus in the modeling industry
2. Some designers consider a size 10 a plus.
3. Most mainstream plus size retailer start at 14/16 (1X)
4. The average woman's size in the USA is a 16.
5. As Bertha Pearl (whose styles go up to size 8X) points out, mainstream plus size retailers often end their sizing at 3x (22-24) or 4x (26-28).

# WHAT'S THAT MEAN?

Plus Size

Straight Size

Extended Sizes

Petite (it's about height)

Visibly Fat

Fat Visibility

Fatshion (#fatandfree vs. "figure flattering")

VBO (*not* the same as FUPA!)

#OOTD

BodyCon fashions

# WHO'S WHO IN GENERAL

Designers

Models

Marketers

Bloggers

Consumers

**SEE FINAL SLIDE OF PRESENTATION FOR SPECIFIC SUGGESTIONS OF  
FAT POSITIVE FASHION FOLKS**



# WHO CARES? IT'S JUST CLOTHES!

AREN'T THERE MORE IMPORTANT THINGS  
TO WORRY ABOUT?

(YES AND NO)

# THE TIGRESS TOP TEN OF FATSHION\*

1. Turn off your GAF
2. You can paint a barn black, and it'll still be a barn
3. Your size is whatever size fits your body
4. Don't be afraid of the skinny girl store
5. Put your money where your fat is
6. Support those who support your rolls
7. Bleep the haters and the trolls
8. Take lots of selfies
9. Give yourself a theme
10. Hot glue gun and a dream!

\*LIST ORIGINALLY DEVELOPED FOR THE FAT ACTIVISM CONFERENCE 2016  
CHECK OUT [FATACTIVISMCONFERENCE.COM](http://FATACTIVISMCONFERENCE.COM) FOR INFO ON PAST AND PRESENT CONFERENCES



# **FATSHION AS ACTION**

**MEET OUR GUESTS**

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WITH SPECIAL GUESTS SAUCYE WEST & BERTHA PEARL



**SAUCYE!**

@SAUCYEWEST



**SAUCYE!**

@SAUCYEWEST



*Shameless*  
PHOTOGRAPHY



**SAUCYE!**

@SAUCYEWEST





**SAUCYE!**

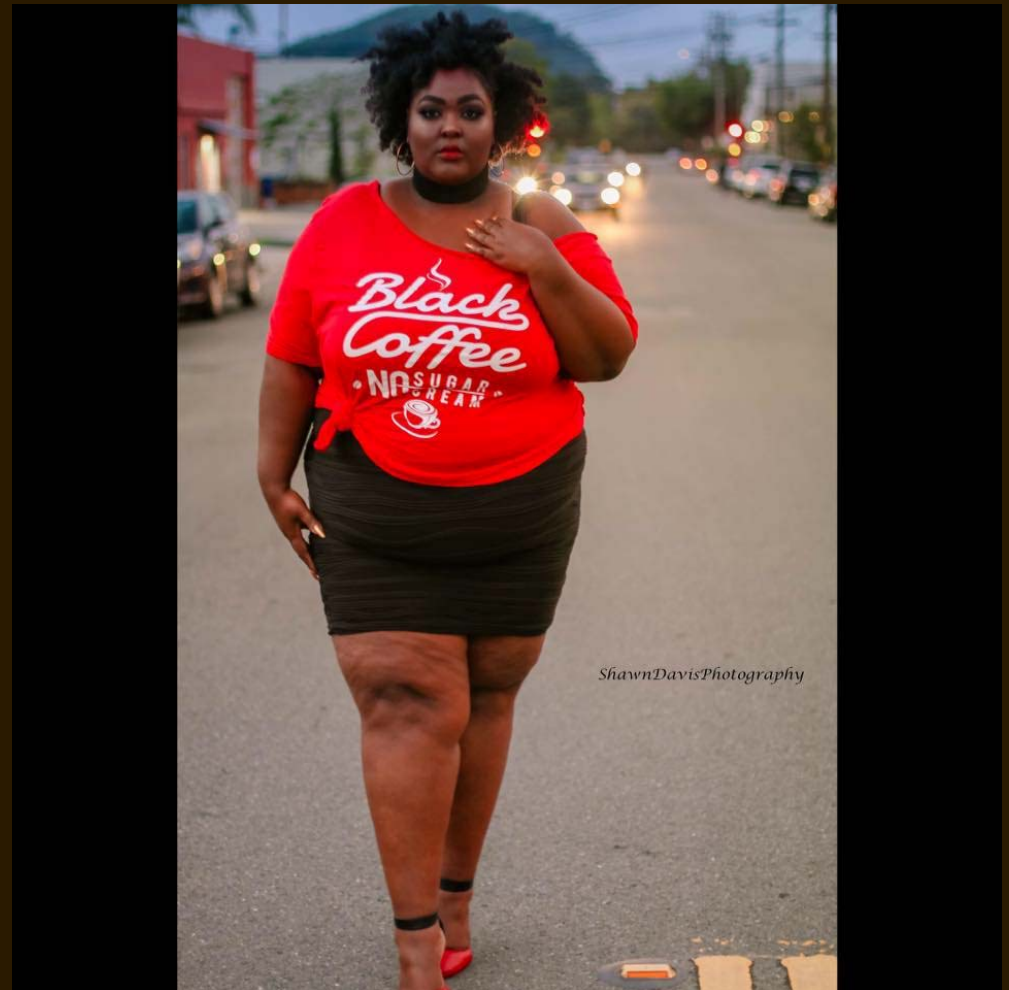
@SAUCYEWEST





**SAUCYE!**

@SAUCYEWEST





**SAUCYE!**

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**SAUCYE!**

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**SAUCYE!**

@SAUCYEWEST

*Shawn Davis Photography*



#FAT  
AND  
FREE  
2017



**BERTHA!**

[@BERTHAPEARLSIZEQUEEN](#)



# BERTHA!

@BERTHAPEARLSIZEQUEEN





**BERTHA!**

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**BERTHA!**

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**BERTHA!**

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A decorative graphic element on the left side of the page, consisting of a thick, wavy line that transitions from a light pink color to a darker magenta color. The line starts at the top left and curves downwards and to the right, ending near the bottom left.

**BERTHA!**

[@BERTHAPEARLSIZEQUEEN](#)







# BERTHA!

@BERTHAPEARLSIZEQUEEN





# BERTHA!

@BERTHAPEARLSIZEQUEEN



# **FATSHION AS ACTION**

**Q & A**

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# FATSHION AS ACTION

THANK YOU FOR JOINING US!  
STAY TUNED FOR THE NEXT  
FREE NAAFA WEBINAR!

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# FOLKS YOU SHOULD KNOW\*

- Aarti Olivia Dubai  
@curvesbecomeher
- Alyssa Dalessandro  
@shopreadytostare
- Ashley Shackelford  
@ashleighthelion
- The Body Is Not An Apology  
@thebodyisnotanapology
- Bruce Sturgell @chubstr
- Bustle magazine @bustle
- Corissa Enneking  
@fatgirlflow
- Chrystal Bougon  
@curvygirllingerie
- Darling, I Know  
@darlingIKnow
- Essie Golden  
@golden.confidence
- Kelvin Martin  
@notoiouslydaper
- Marie Denee  
@thecurvyfashionista
- SheRay DelSol  
@mythrifedcloset
- Wear Your Voice magazine  
@wearyourvoicemag

**A COMPLETELY INCOMPLETE LIST OF A FEW FOLKS SAUCYE AND I THINK YOU'LL LIKE.**